

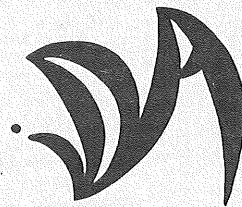
Reports from the project

Individual Development and Adaptation

SYMPTOM QUESTIONNAIRE: EARLY ADOLESCENCE

Female version

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Number 78

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The research program Individual Development and Adaptation (IDA) was initiated by David Magnusson in 1964 and was led by him until 1996 when Lars R. Bergman became the principal investigator.

Reports from the project Individual Development and Adaptation published from 2000 and onwards:

- No. 70 Bergman, L.R. Women's health, work, and education in a life-span perspective. Technical report 1: Theoretical background and overview of the data collection. (*January 2000*)
- No. 71 Isaksson, K., Johansson, G., Lindroth, S., & Sverke, M. Women's health, work, and education in a life-span perspective. Technical report 2: The coding of work biographies. (*November 2000*)
- No. 72 Publications 1961 - 2000. (*December 2000*)
- No. 73 Zettergren, P. Peer rejection and future school adjustment. A longitudinal study. (*October 2001*)
- Nr. 74 Wulff, C. Begåvningsprofiler som avviker från vad som anses könstypiskt. Betydelse för anpassning och yrkespreferenser. (*Oktober 2001*)
- No. 75 Wångby, M., & Stattin, H. Self-perceived psychological health among Swedish teenage girls: 1. Adjustment problems in a 1996 school cohort. (*November 2001*)
- No. 76 Magnusson, D., & Mahoney, J.L. A holistic person approach for research on positive development. (*November 2001*)
- Nr. 77 Lindroth, S. IDAs och hennes systrars väg ut i arbetslivet. En studie om yrkesplaner, yrkesutveckling och yrkesval hos flickor i tonåren och i tidig vuxenålder. (*December 2001*)
- No. 78 Crafoord, K., & Magnusson, D. Symptom questionnaire: Early adolescence. Female version. (*December 2001*)

Foreword

The symptom questionnaire was originally constructed as part of the planning of studies on puberty and early adolescence in the IDA-program. The first analysis of data was presented by Karin Crafoord (1972) in her dissertation for the philosophy licentiate degree.

This presentation of the instrument is the first complete version in English. Parts of it were published in a presentation of the main results from the original study in Magnusson, Dunér, and Zetterblom (1975).

I thank Margit Wångby and Margaret Kerr for their valuable contributions to the translation of the questionnaire.

Stockholm, August 20, 2001

David Magnusson
Professor

References

- Crafoord, K. (1972). Symptom eller ålderstypiskt beteende? En studie av 15 åriga flickor. (Symptom or age specific behavior? A study of 15-year-old girls.) Department of Psychology, Stockholm University. (Unpublished licentiate thesis.)
- Magnusson, D., Dunér, A., & Zetterblom, G. (1975). *Adjustment: A longitudinal study* (pp. 141-159). Stockholm: Almqvist & Wiksell.

Please note! The questions only refer to your time in grade 8.

PART 1

1. Headache

How often have you had a headache during this school year?

- ₁ never
 - ₂ about once / semester
 - ₃ about once / month
 - ₄ about once / week
 - ₅ several times / week
-

2. Understanding in peer-relations

How well do you and your peers understand each other?

- ₁ very well
 - ₂ fairly well
 - ₃ neither well nor badly
 - ₄ fairly badly
 - ₅ very badly
-

3. Sadness

Do you feel unhappy and depressed without knowing why?

- ₁ very often
 - ₂ fairly often
 - ₃ sometimes
 - ₄ it's happened a few times
 - ₅ seldom
-

Please note! The questions only refer to your time in grade 8.

4. Parents listen

Do you think that your parents listen to what you have to say and care about what you think?

- ₁ seldom
 - ₂ it's happened a few times
 - ₃ sometimes
 - ₄ fairly often
 - ₅ most often
-

5. Angry with peers

How often do you feel angry and irritated with your peers?

- ₁ very often
 - ₂ fairly often
 - ₃ sometimes
 - ₄ it's happened a few times
 - ₅ seldom
-

6. Shoplifting

Have you ever taken goods from a store, kiosk or shop without paying?

- ₁ never
 - ₂ once
 - ₃ 2 - 3 times
 - ₄ 4 - 10 times
 - ₅ more than 10 times
-

Please note! The questions only refer to your time in grade 8.

7. A bother at home

Do you feel that you are in the way or a bother at home?

- ₁ never or almost never
 - ₂ it's happened a few times
 - ₃ sometimes
 - ₄ fairly often
 - ₅ very often
-

8. Nail-biting

Do you bite your nails?

- ₁ very often
 - ₂ fairly often
 - ₃ sometimes
 - ₄ it's happened a few times
 - ₅ never or almost never
-

9. Likes teachers

Do you like your teachers?

- ₁ all or almost all
 - ₂ most of them
 - ₃ some of them
 - ₄ hardly anyone
 - ₅ none
-

Please note! The questions only refer to your time in grade 8.

10. **Wants to be older**

Would you like to be older than you are?

- ₁ seldom
- ₂ it's happened a few times
- ₃ sometimes
- ₄ fairly often
- ₅ very often

Why? _____

11. **Fear**

Do you ever feel afraid without knowing why?

- ₁ seldom
- ₂ it's happened a few times
- ₃ sometimes
- ₄ fairly often
- ₅ very often

Which three things or events are you most afraid of? _____

12. **Shy around peers**

Do you feel shy and uncertain when you are with your peers?

- ₁ seldom
 - ₂ it's happened a few times
 - ₃ sometimes
 - ₄ fairly often
 - ₅ very often
-

Please note! The questions only refer to your time in grade 8.

13. Restlessness

How often are you restless and find it difficult to keep still?

- ₁ very often
 - ₂ fairly often
 - ₃ sometimes
 - ₄ it's happened a few times
 - ₅ seldom
-

14. Wants to be like mother

How much would you as adult like to be similar to your mother?

- ₁ not at all
- ₂ very little
- ₃ somewhat
- ₄ fairly much
- ₅ very much

In what respects? _____

15. Fear of losing anger control

Are you afraid of doing something really stupid when you get angry?

- ₁ very often
 - ₂ fairly often
 - ₃ sometimes
 - ₄ it's happened a few times
 - ₅ seldom
-

Please note! The questions only refer to your time in grade 8.

16. Satisfied with school work

Are you satisfied with your school work?

- ₁ most often
 - ₂ fairly often
 - ₃ sometimes
 - ₄ it's happened a few times
 - ₅ almost never
-

17. Bad appetite

How often do you have a bad appetite?

- ₁ several times / week
 - ₂ about once / week
 - ₃ about once / month
 - ₄ about once / semester
 - ₅ never
-

18. In love

Have you ever really been in love?

- ₁ never
 - ₂ once
 - ₃ several times
-

Please note! The questions only refer to your time in grade 8.

19. Feels like defying parents

Do you ever feel like doing the opposite of what your parents want?

- ₁ very often
 - ₂ fairly often
 - ₃ sometimes
 - ₄ it's happened a few times
 - ₅ seldom
-

20. Worries about body

Do you worry about there being something wrong with your body, that it doesn't function as it should?

- ₁ very often
 - ₂ fairly often
 - ₃ sometimes
 - ₄ it's happened a few times
 - ₅ seldom
-

21. Alcohol abuse

Have you drunk so much beer, spirits or wine that you felt drunk?

- ₁ more than 10 times
 - ₂ 4 – 10 times
 - ₃ 2 – 3 times
 - ₄ once
 - ₅ never
-

Please note! The questions only refer to your time in grade 8.

22. Worries about homework

Do you worry that you will not manage to get your homework done properly?

- ₁ seldom
 - ₂ it's happened a few times
 - ₃ sometimes
 - ₄ fairly often
 - ₅ very often
-

23. Feels defiant against teachers

Do you feel defiant against your teachers?

- ₁ against all
 - ₂ against almost all
 - ₃ against most of them
 - ₄ against some of them
 - ₅ hardly anyone
-

24. Parents are angry

Do you think your parents are angry or irritated with you?

- ₁ seldom
- ₂ it's happened a few times
- ₃ sometimes
- ₄ fairly often
- ₅ very often

For what? _____

Please note! The questions only refer to your time in grade 8.

25. Information about sex

Do you think you need to know more about sexual issues?

- ₁ nothing more at all
 - ₂ hardly anything more
 - ₃ some more
 - ₄ a fair amount more
 - ₅ very much more
-

26. Nightmares

Do you have nightmares?

- ₁ almost never
- ₂ it's happened a few times
- ₃ sometimes
- ₄ fairly often
- ₅ very often

Describe briefly some recurring dream: _____

27. Wishes father different

Do you wish your father were different?

- ₁ very often
 - ₂ fairly often
 - ₃ sometimes
 - ₄ it's happened a few times
 - ₅ never or almost never
-

Please note! The questions only refer to your time in grade 8.

28. Trust in peers

Do you trust your peers?

- ₁ totally
 - ₂ quite a lot
 - ₃ some
 - ₄ not much
 - ₅ not at all
-

29. Number of evenings at home

How many evenings a week do you usually spend at home?

- ₁ none
 - ₂ 1 - 2
 - ₃ 3 - 4
 - ₄ 5 - 6
 - ₅ all
-

30. Signature forgery

Have you ever forged someone else's signature in order to get some kind of benefit, for example written a certificate of illness or something similar?

- ₁ never
 - ₂ once
 - ₃ 2 - 3 times
 - ₄ 4 - 10 times
 - ₅ more than 10 times
-

Please note! The questions only refer to your time in grade 8.

31. Desires change in self

How much would you like to change yourself?

- ₁ very much
- ₂ fairly much
- ₃ some
- ₄ not much
- ₅ not at all

In what respect(s)? _____

32. Thoughts about sex

How often do you think about sexual issues?

- ₁ very often
 - ₂ fairly often
 - ₃ sometimes
 - ₄ it's happened a few times
 - ₅ seldom
-

33. Pilfering

Have you on purpose taken things or money that you knew belonged to someone else?

- ₁ more than 10 times
 - ₂ 4 - 10 times
 - ₃ 2 - 3 times
 - ₄ once
 - ₅ never
-

Please note! The questions only refer to your time in grade 8.

34. If so, from whom and what?

- ₁ never taken anything
 - ₂ from mother
 - ₃ from father
 - ₄ from brothers or sisters
 - ₅ from peer
 - ₆ from somebody else
-

35. Nervous stomach

How often have you had a “nervous” stomach during this school year (for example stomach ache, stomach cramp, anxious stomach, feeling sick, wind, constipation or diarrhea)?

- ₁ several times / week
 - ₂ about once / week
 - ₃ about once / month
 - ₄ about once / semester
 - ₅ never
-

36. Outsider among peers

Do you feel like an outsider when you are together with your peers?

- ₁ very often
 - ₂ fairly often
 - ₃ sometimes
 - ₄ it's happened a few times
 - ₅ seldom
-

Please note! The questions only refer to your time in grade 8.

37. Poor self-esteem

How often do you think you are no use at all?

- ₁ almost never
 - ₂ it's happened a few times
 - ₃ sometimes
 - ₄ fairly often
 - ₅ very often
-

38. Disappointed in mother

How often do you feel disappointed in your mother?

- ₁ almost never
- ₂ it's happened a few times
- ₃ sometimes
- ₄ fairly often
- ₅ very often

For what? _____

39. Menarche

Have you gotten your first period?

- ₁ yes
 - ₂ no
-

Please note! The questions only refer to your time in grade 8.

40. Age at menarche

When did you get your first period?

- ₁ have not gotten one yet
 - ₂ before 10 years of age
 - ₃ between 10-11 years of age
 - ₄ between 11-12 years of age
 - ₅ between 12-13 years of age
 - ₆ after the age of 13
-

41. Pain during periods

How much pain do you have in connection with your periods?

- ₁ no pain at all
 - ₂ not much pain
 - ₃ some pain
 - ₄ fairly much pain
 - ₅ very much pain
 - ₆ have not gotten my first period yet
-

42. Daydreams

Do you fantasize and daydream?

- ₁ very often
 - ₂ fairly often
 - ₃ sometimes
 - ₄ it's happened a few times
 - ₅ seldom
-

Please note! The questions only refer to your time in grade 8.

43. Angry with father

How often do you feel angry or irritated with your father?

- ₁ very often
- ₂ fairly often
- ₃ sometimes
- ₄ it's happened a few times
- ₅ seldom

For what? _____

44. Teachers are fair

Do you think your teachers are fair to you?

- ₁ none
 - ₂ hardly anyone
 - ₃ some of them
 - ₄ most of them
 - ₅ all or almost all
-

45. Suicidal thoughts

Have you ever felt as if you didn't want to go on living?

- ₁ never
 - ₂ it's happened a few times
 - ₃ sometimes
 - ₄ fairly often
 - ₅ very often
-

Please note! The questions only refer to your time in grade 8.

46. Preferred level of parent decisions

How much do you want your parents to make decisions for you, for example concerning clothes, make-up, leisure activities, choice of friends, summer- and occupational plans and so on?

- ₁ very much
 - ₂ fairly much
 - ₃ some
 - ₄ not much
 - ₅ very little
-

47. Boys are better off

Do you sometimes think that boys are better off than girls?

- ₁ very often
- ₂ fairly often
- ₃ sometimes
- ₄ it's happened a few times
- ₅ never or almost never

In what way? _____

48. Truancy

Have you been away from school without permission during this school-year (played truant)?

- ₁ never
 - ₂ once
 - ₃ 2 – 3 times
 - ₄ 4 – 10 times
 - ₅ more than 10 times
-

Please note! The questions only refer to your time in grade 8.

49. **Understanding in mother-relation**

How well do you think that you and your mother understand each other?

- ₁ very well
 - ₂ fairly well
 - ₃ neither well nor badly
 - ₄ fairly badly
 - ₅ very badly
-

50. **Difficulties falling asleep**

How often during this school-year have you had difficulties falling asleep?

- ₁ several evenings / week
 - ₂ about 1 evening / week
 - ₃ about 1 evening / month
 - ₄ about 1 evening / semester
 - ₅ never
-

51. **Hashish**

Have you smoked hashish?

- ₁ never
 - ₂ once
 - ₃ 2 – 3 times
 - ₄ 4 – 10 times
 - ₅ more than 10 times
-

Please note! The questions only refer to your time in grade 8.

52. **Best friend**

Do you have or have you ever had a best friend?

- ₁ have never had and do not want to have
 - ₂ have never had but want to have
 - ₃ have had before, but do not have now
 - ₄ have now, but have not had before
 - ₅ both have had before and have now
-

53. **Fear of sex**

Do you think sex seems frightening and unpleasant?

- ₁ not at all
 - ₂ only a little
 - ₃ some
 - ₄ fairly much
 - ₅ very much
-

54. **Satisfied with looks**

Are you satisfied with your looks?

- ₁ most often
 - ₂ fairly often
 - ₃ sometimes
 - ₄ it's happened a few times
 - ₅ almost never
-

Please note! The questions only refer to your time in grade 8.

55. Wishes mother different ¹

Do you wish your mother were different?

- ₁ very often
 - ₂ fairly often
 - ₃ it's happened a few times
 - ₄ never or almost never
-

56. Allergy

Do you have problems with allergy (for example asthma, hay-fever, eczema, etc.)?

- ₁ never
 - ₂ it's happened a few times
 - ₃ sometimes
 - ₄ fairly often
 - ₅ very often
-

¹ When the original questionnaire was printed, one of the five scale steps ("sometimes") was dropped from this item by mistake.

Please note! The questions only refer to your time in grade 8.

57. Parents are disappointed

Do you think your parents are disappointed in you?

- ₁ very often
- ₂ fairly often
- ₃ sometimes
- ₄ it's happened a few times
- ₅ seldom

For what? _____

58. Tense in new situations

Do you feel tense and anxious together with new people?

- ₁ very often
 - ₂ fairly often
 - ₃ sometimes
 - ₄ it's happened a few times
 - ₅ seldom
-

59. Gets tired of peers

Do you usually get tired of your peers quickly?

- ₁ very often
 - ₂ fairly often
 - ₃ sometimes
 - ₄ it's happened a few times
 - ₅ seldom
-

Please note! The questions only refer to your time in grade 8.

60. Snacks between meals

Do you usually have snacks between meals?

- ₁ seldom
 - ₂ it's happened a few times
 - ₃ sometimes
 - ₄ fairly often
 - ₅ very often
-

61. Other drugs

Have you used other drugs than hashish?

- ₁ more than 10 times
- ₂ 4 – 10 times
- ₃ 2 – 3 times
- ₄ once
- ₅ never

What kind of drugs? _____

62. In what way?

- ₁ never done
 - ₂ sniffed
 - ₃ eaten
 - ₄ with syringe
 - ₅ smoked
-

Please note! The questions only refer to your time in grade 8.

63. Afraid of hurting people

Are you usually afraid of saying things that can hurt people?

- ₁ very often
 - ₂ fairly often
 - ₃ sometimes
 - ₄ it's happened a few times
 - ₅ never or almost never
-

64. Peers are unfair

Do you think that your peers are unfair to you?

- ₁ very often
 - ₂ fairly often
 - ₃ sometimes
 - ₄ it's happened a few times
 - ₅ seldom
-

65. Importance of doing well at school

How important is it for you to do well at school?

- ₁ not at all important
 - ₂ not especially important
 - ₃ some
 - ₄ fairly important
 - ₅ very important
-

Please note! The questions only refer to your time in grade 8.

66. Boyfriend

Do you have or have you ever had a steady relation to a boy?

- ₁ have never had and do not want to have
 - ₂ have never had but want to have
 - ₃ have had but do not have now
 - ₄ have now but have not had before
 - ₅ have now and have had before
-

67. Tired, lazy and irritable

Do you feel tired, lazy and irritable?

- ₁ seldom
 - ₂ it's happened a few times
 - ₃ sometimes
 - ₄ fairly often
 - ₅ very often
-

68. Vandalism

Have you deliberately destroyed or helped to destroy things not belonging to you (windows, cars, telephone booths, benches, gardens, etc.)?

- ₁ never
 - ₂ once
 - ₃ 2 - 3 times
 - ₄ 4 - 10 times
 - ₅ more than 10 times
-

Please note! The questions only refer to your time in grade 8.

69.

Have you destroyed things yourself or have you only participated in destroying things?

- ₁ neither of them
- ₂ only participated
- ₃ did it myself
- ₄ both of them

What kind of things? _____

70. **Cares most for parents**

How often do you feel that your parents are the persons that you care for most of all right now?

- ₁ seldom
 - ₂ it's happened a few times
 - ₃ sometimes
 - ₄ fairly often
 - ₅ very often
-

Please note! The questions only refer to your time in grade 8.

PART II

71. **Self-accusations**

Do you blame yourself for things you know you really cannot help?

- ₁ very often
 - ₂ fairly often
 - ₃ sometimes
 - ₄ it's happened a few times
 - ₅ never or almost never
-

72. **Liked by teachers**

Do you think your teachers like you?

- ₁ none
 - ₂ hardly anyone
 - ₃ some of them
 - ₄ most of them
 - ₅ all or almost all
-

73. **Disturbed sleep**

How often has it happened during this school-year that you have slept anxiously and woken up during the night?

- ₁ never
 - ₂ about 1 night / semester
 - ₃ about 1 night / month
 - ₄ about 1 night / week
 - ₅ several nights / week
-

Please note! The questions only refer to your time in grade 8.

74. Difficulties making friends

Is it usually difficult for you to make friends?

- ₁ seldom
 - ₂ it's happened a few times
 - ₃ sometimes
 - ₄ fairly often
 - ₅ very often
-

75. Understanding in father-relation

How well do you think that you and your father understand each other?

- ₁ very well
 - ₂ fairly well
 - ₃ neither well nor badly
 - ₄ fairly badly
 - ₅ very badly
-

76. Satisfied with way she acts

Are you satisfied with the way you typically act?

- ₁ almost never
 - ₂ it's happened a few times
 - ₃ sometimes
 - ₄ fairly often
 - ₅ most often
-

Please note! The questions only refer to your time in grade 8.

77. Worries about future

Do you worry about what will happen to you in the future?

- ₁ very often
 - ₂ fairly often
 - ₃ sometimes
 - ₄ it's happened a few times
 - ₅ never or almost never
-

78. Prefers to be a boy

Do you ever think that you'd rather be a boy?

- ₁ never or almost never
 - ₂ it's happened a few times
 - ₃ sometimes
 - ₄ fairly often
 - ₅ very often
-

79. Quarrels with mother

Do you and your mother quarrel with each other?

- ₁ very often
- ₂ fairly often
- ₃ sometimes
- ₄ it's happened a few times
- ₅ almost never

About what? _____

Please note! The questions only refer to your time in grade 8.

80. Important that peers agree to her suggestions

Is it important for you that your peers agree to do things that you have suggested?

- ₁ very important
 - ₂ important
 - ₃ fairly important
 - ₄ not so important
 - ₅ not important at all
-

81. Teachers understand

Do you think that your teachers understand you?

- ₁ all or almost all
 - ₂ most of them
 - ₃ some of them
 - ₄ only someone
 - ₅ none
-

82. Defies parents

Do you often do the opposite of what your parents want?

- ₁ seldom
 - ₂ it's happened a few times
 - ₃ sometimes
 - ₄ fairly often
 - ₅ very often
-

Please note! The questions only refer to your time in grade 8.

83. Displeased with peers

How often are you displeased with your peers?

- ₁ seldom
 - ₂ it's happened a few times
 - ₃ sometimes
 - ₄ fairly often
 - ₅ very often
-

84. Sexual intercourse

Have you had sexual intercourse?

- ₁ no
 - ₂ once
 - ₃ a number of times
-

85. Sex first evening

If you have had sexual intercourse, have you ever slept with someone the first time you met him?

- ₁ have not had sexual intercourse
 - ₂ yes, a number of times
 - ₃ yes, once
 - ₄ no
-

Please note! The questions only refer to your time in grade 8.

86. Concentration difficulties

Is it difficult for you to concentrate?

- ₁ seldom
 - ₂ it's happened a few times
 - ₃ sometimes
 - ₄ fairly often
 - ₅ very often
-

87. Angry with mother

How often do you feel angry or irritated with your mother?

- ₁ very often
- ₂ fairly often
- ₃ sometimes
- ₄ it's happened a few times
- ₅ seldom

For what? _____

88. Wants to be someone else

Do you ever wish you were someone else than you are?

- ₁ seldom
- ₂ it's happened a few times
- ₃ sometimes
- ₄ fairly often
- ₅ very often

Who and why? _____

Please note! The questions only refer to your time in grade 8.

89. Loneliness

Do you feel lonely?

- ₁ seldom
 - ₂ it's happened a few times
 - ₃ sometimes
 - ₄ fairly often
 - ₅ very often
-

90. Wants to be like father

How much would you as adult like to be similar to your father?

- ₁ not at all
- ₂ very little
- ₃ somewhat
- ₄ fairly much
- ₅ very much

In what respects? _____

91. Fear of going too far sexually

Are you afraid that you will go further sexually than you really want to?

- ₁ very often
 - ₂ fairly often
 - ₃ sometimes
 - ₄ it's happened a few times
 - ₅ never or almost never
-

Please note! The questions only refer to your time in grade 8.

92. **Evasion of payment**

Have you avoided paying (e.g. at a cinema, café, train, bus or elsewhere)?

- ₁ never
 - ₂ once
 - ₃ 2- 3 times
 - ₄ 4 – 10 times
 - ₅ more than 10 times
-

93. **Quarrels with father**

Do you and your father quarrel with each other?

- ₁ very often
- ₂ fairly often
- ₃ sometimes
- ₄ it's happened a few times
- ₅ almost never

About what? _____

94. **Thumb-sucking**

Do you usually suck your thumb or other fingers?

- ₁ never
 - ₂ it's happened a few times
 - ₃ sometimes
 - ₄ fairly often
 - ₅ very often
-

Please note! The questions only refer to your time in grade 8.

95. Liked by peers

Do you think your peers like you?

- ₁ much
 - ₂ fairly much
 - ₃ some
 - ₄ not much
 - ₅ not at all
-

96. Talks back to teachers

Do you usually talk back to your teachers?

- ₁ very often
 - ₂ fairly often
 - ₃ sometimes
 - ₄ it's happened a few times
 - ₅ seldom
-

97. Worries about diseases

Do you worry about getting dangerous diseases?

- ₁ very often
 - ₂ fairly often
 - ₃ sometimes
 - ₄ it's happened a few times
 - ₅ never or almost never
-

Please note! The questions only refer to your time in grade 8.

98. **Quarrels with peers**

How often do you quarrel with your peers?

- ₁ very often
 - ₂ fairly often
 - ₃ sometimes
 - ₄ it's happened a few times
 - ₅ seldom
-

99. **Sexually less experienced**

Do you feel sexually less experienced than your peers?

- ₁ very often
 - ₂ fairly often
 - ₃ sometimes
 - ₄ it's happened a few times
 - ₅ never
-

100. **Preferred companionship**

With whom do you prefer to spend your leisure time?

- ₁ parents
 - ₂ brothers and sisters
 - ₃ friends
 - ₄ nobody
 - ₅ other, who? _____
-

Please note! The questions only refer to your time in grade 8.

101. **Shame**

Do you ever feel ashamed of yourself?

- ₁ very often
 - ₂ fairly often
 - ₃ sometimes
 - ₄ it's happened a few times
 - ₅ seldom
-

102. **Running away²**

Have you ever run away from home?

- ₁ never
- ₂ once
- ₃ 2 – 3 times
- ₄ more than 10 times

How long time did you stay away? _____

What did you do during this time? _____

² When the original questionnaire was printed, one of the five scale steps (“4-10 times”) was dropped from this item by mistake.

Please note! The questions only refer to your time in grade 8.

103. **Stammering**

How often do you stammer when you talk?

- ₁ never
 - ₂ it's happened a few times
 - ₃ sometimes
 - ₄ fairly often
 - ₅ very often
-

104. **Peers are against her**

Do you think that your peers are "against" you?

- ₁ never or almost never
 - ₂ it's happened a few times
 - ₃ sometimes
 - ₄ fairly often
 - ₅ very often
-

105. **Looks forward to having children**

Do you look forward to having and bringing up children?

- ₁ very much
 - ₂ fairly much
 - ₃ some
 - ₄ only a little
 - ₅ not at all
-

Please note! The questions only refer to your time in grade 8.

106. **Has hit somebody**

Have you hit somebody?

- ₁ never or almost never
- ₂ it's happened a few times
- ₃ sometimes
- ₄ fairly often
- ₅ very often

Who and why? _____

107. **Overweight**

Do you weigh too much according to your school nurse, your school doctor, or another doctor's opinion?

- ₁ no
 - ₂ yes, a little too much
 - ₃ yes, somewhat too much
 - ₄ yes, much too much
-

108. **Disappointed in father**

How often do you feel disappointed in your father?

- ₁ seldom
- ₂ it's happened a few times
- ₃ sometimes
- ₄ fairly often
- ₅ very often

For what? _____

Please note! The questions only refer to your time in grade 8.

109. **Harassment**

Have you ever taken part in teasing and tormenting small children or old people?

- ₁ never
 - ₂ once
 - ₃ 2 – 3 times
 - ₄ 4 – 10 times
 - ₅ more than 10 times
-

110. **Popular among boys**

Do you feel that you are popular among boys?

- ₁ not at all
 - ₂ very little
 - ₃ some
 - ₄ fairly much
 - ₅ very much
-

111. **Teachers are against her**

Do you think that your teachers are against you in particular?

- ₁ none
 - ₂ hardly anyone
 - ₃ some of them
 - ₄ most of them
 - ₅ all or almost all
-

Please note! The questions only refer to your time in grade 8.

112. **Afraid peers get tired**

Are you afraid that your peers will get tired of you?

- ₁ seldom
 - ₂ it's happened a few times
 - ₃ sometimes
 - ₄ fairly often
 - ₅ very often
-

113. **Criticism from parents**

Do you feel criticized by your parents?

- ₁ almost never
 - ₂ it's happened a few times
 - ₃ sometimes
 - ₄ fairly often
 - ₅ very often
-

114.

Do you think their criticism is

- ₁ I don't feel criticized
 - ₂ fair
 - ₃ unfair
 - ₄ sometimes fair, sometimes unfair
-

Please note! The questions only refer to your time in grade 8.

115. Subjection to peers

Have you ever done something you would really have preferred not to do only to be together with your peers?

- ₁ seldom
 - ₂ it's happened a few times
 - ₃ sometimes
 - ₄ fairly often
 - ₅ very often
-

116. Loitering in town

Do you usually wander about town in the evening, hang out on street corners or in the square?

- ₁ never
 - ₂ about 1 evening / month
 - ₃ about 1 evening / week
 - ₄ a number of evenings / week
 - ₅ every evening
-

117. Cares about parental opinion

How often is what your parents think the thing that you care about most of all?

- ₁ seldom
 - ₂ it's happened a few times
 - ₃ sometimes
 - ₄ fairly often
 - ₅ very often
-

Please note! The questions only refer to your time in grade 8.

118. Angry without showing it

Do you ever feel angry but not show it?

- ₁ seldom
 - ₂ it's happened a few times
 - ₃ sometimes
 - ₄ fairly often
 - ₅ very often
-

119. Sexually more experienced

Do you feel sexually more experienced than others of your age?

- ₁ never
 - ₂ it's happened a few times
 - ₃ sometimes
 - ₄ fairly often
 - ₅ very often
-

120. Wonderful to be alive

How often do you think that it is really wonderful to be alive?

- ₁ seldom
 - ₂ it's happened a few times
 - ₃ sometimes
 - ₄ fairly often
 - ₅ very often
-

Please note! The questions only refer to your time in grade 8.

121. **Wants to be younger**

Would you like to be younger than you are?

- ₁ seldom
- ₂ it's happened a few times
- ₃ sometimes
- ₄ fairly often
- ₅ very often

Why? _____

122. **Wants to talk to outsider**

Do you ever want to talk to an outsider about your problems?

- ₁ never or almost never
- ₂ it's happened a few times
- ₃ sometimes
- ₄ fairly often
- ₅ very often

What do you perceive right now as your biggest problem? _____

Finally, some questions about how you live:

1. Family situation

Which adult(s) do you live with?

₁ both mother and father

₂ father and stepmother

₃ mother and stepfather

₄ mother

₅ father

₆ foster parents

₇ another, who? _____

2. Number of sisters

How many sisters do you have?

₁ none

₂ 1

₃ 2

₄ 3

₅ 4 or more than 4

3. Number of brothers

How many brothers do you have?

₁ none

₂ 1

₃ 2

₄ 3

₅ 4 or more than 4

4. Parents are divorced

Are your parents divorced?

₁ yes

₂ no

5. Contact with absent parent

If your parents are divorced, how often do you see the parent you are not living with?

₁ are not divorced

₂ about once / week

₃ about once / two weeks

₄ about once / month

₅ about once / semester

₆ less than once / semester

6. Own room

Do you have your own room?

₁ no

₂ yes

At last some questions about the questions

1. How difficult do you think the questions were to answer?

- ₁ impossible
 - ₂ quite difficult
 - ₃ fairly difficult
 - ₄ fairly easy
 - ₅ very easy
-

2. Why was it difficult to answer the questions?

- ₁ it was not difficult to answer the questions
 - ₂ it was difficult to understand them
 - ₃ dealt with too "personal" things
 - ₄ dealt with things you have not thought about
 - ₅ because you do not like to answer such questions
-

3. What did it feel like to answer the questions?

- ₁ I felt nothing special
 - ₂ I felt uneasy
 - ₃ It was nice
 - ₄ It was boring
 - ₅ It was unpleasant
-

4. How many questions do you think were difficult to answer honestly?

- ₁ all
- ₂ almost all
- ₃ some
- ₄ one or a few
- ₅ none at all

Which questions were particularly difficult to answer honestly?

Appendix

Self-reported adjustment problems: Frequencies, means, and standard deviations among girls in grade 8, in Örebro, 1970. Data are taken from the IDA-program. Where relevant the item scales have been reversed so that a high value indicates poor adjustment.

Ratings					M	sd	N
1	2	3	4	5			
1. How often have you had a headache during this school year?							
never	about once / semester	about once / month	about once / week	several times / week			
12.1	28.8	34.2	19.4	5.6	2.8	1.1	521
2. How well do you and your peers understand each other?							
very well	fairly well	neither well nor badly	fairly badly	very badly			
25.9	57.7	12.6	3.6	0.2	1.9	0.7	522
3. Do you feel unhappy and depressed without knowing why?							
seldom	it's happened a few times	sometimes	fairly often	very often			
23.5	26.2	36.7	10.4	3.3	2.4	1.1	520
4. Do you think that your parents listen to what you have to say and care about what you think?							
most often	fairly often	sometimes	it's happened a few times	seldom			
44.9	27.4	19.0	5.8	2.9	1.9	1.1	521
5. How often do you feel angry and irritated with your peers?							
seldom	it's happened a few times	sometimes	fairly often	very often			
11.3	39.9	35.7	11.5	1.5	2.5	0.9	521

Ratings					M	sd	N
1	2	3	4	5			
6. Have you ever taken goods from a store, kiosk or shop without paying?							
never	once	2 - 3 times	4 - 10 times	more than 10 times			
69.1	13.8	9.6	4.6	2.9	1.6	1.0	521
7. Do you feel that you are in the way or a bother at home?							
never or almost never	it's happened a few times	sometimes	fairly often	very often			
59.2	26.2	11.1	2.1	1.3	1.6	0.9	522
8. Do you bite your nails?							
never or almost never	it's happened a few times	sometimes	fairly often	very often			
33.3	14.9	19.5	14.2	18.0	2.7	1.5	522
9. Do you like your teachers?							
all or almost all	most of them	some of them	hardly anyone	none			
9.4	41.3	42.8	6.3	0.2	2.5	0.8	521
10. Would you like to be older than you are?							
seldom	it's happened a few times	sometimes	fairly often	very often			
27.3	27.3	30.2	11.2	4.1	2.4	1.1	517
11. Do you ever feel afraid without knowing why?							
seldom	it's happened a few times	sometimes	fairly often	very often			
55.9	26.3	13.2	3.6	1.0	1.7	0.9	521

Ratings					M	sd	N
1	2	3	4	5			
12. Do you feel shy and uncertain when you are with your peers?							
seldom	it's happened a few times	sometimes	fairly often	very often			
42.0	29.9	22.1	4.6	1.3	1.9	1.0	521
13. How often are you restless and find it difficult to keep still?							
seldom	it's happened a few times	sometimes	fairly often	very often			
22.5	33.6	24.2	15.0	4.8	2.5	1.1	521
14. How much would you as adult like to be similar to your mother?							
very much	fairly much	somewhat	very little	not at all			
5.8	15.7	38.8	25.4	14.2	3.3	1.1	515
15. Are you afraid of doing something really stupid when you get angry?							
seldom	it's happened a few times	sometimes	fairly often	very often			
39.3	25.4	21.6	9.6	4.0	2.1	1.2	519
16. Are you satisfied with your school work?							
most often	fairly often	sometimes	it's happened a few times	almost never			
14.6	27.0	38.9	12.1	7.5	2.7	1.1	522
17. How often do you have a bad appetite?							
never	about once / semester	about once / month	about once / week	several times / week			
24.1	22.9	23.7	21.0	8.3	2.7	1.3	515

Ratings					M	sd	N
1	2	3	4	5			
18. Have you ever really been in love?							
never	once	several times					
16.8	44.7	38.5			2.2	0.7	512
19. Do you ever feel like doing the opposite of what your parents want?							
seldom	it's happened a few times	sometimes	fairly often	very often			
11.2	35.2	37.7	9.8	6.2	2.6	1.0	520
20. Do you worry about there being something wrong with your body, that it doesn't function as it should?							
seldom	it's happened a few times	sometimes	fairly often	very often			
33.5	24.9	27.2	10.6	3.9	2.3	1.1	519
21. Have you drunk so much beer, spirits or wine that you felt drunk?							
never	once	2 - 3 times	4 - 10 times	more than 10 times			
44.5	14.8	16.9	11.5	12.3	2.3	1.4	521
22. Do you worry that you will not manage to get your homework done properly?							
seldom	it's happened a few times	sometimes	fairly often	very often			
29.6	27.3	28.1	11.0	4.0	2.3	1.1	520
23. Do you feel defiant against your teachers?							
hardly anyone	against some of them	against most of them	against almost all	against all			
52.6	43.8	1.9	1.5	0.2	1.5	0.6	521

Ratings					M	sd	N
1	2	3	4	5			
24. Do you think your parents are angry or irritated with you?							
seldom	it's happened a few times	sometimes	fairly often	very often			
32.3	30.8	26.7	8.1	2.1	2.2	1.0	517
25. Do you think you need to know more about sexual issues?							
nothing more at all	hardly anything more	some more	a fair amount more	very much more			
12.5	35.2	39.6	10.8	1.9	2.5	0.9	520
26. Do you have nightmares?							
almost never	it's happened a few times	sometimes	fairly often	very often			
46.9	28.5	19.3	4.2	1.0	1.8	0.9	522
27. Do you wish your father were different?							
never or almost never	it's happened a few times	sometimes	fairly often	very often			
41.3	24.6	18.1	9.3	6.7	2.2	1.2	504
28. Do you trust your peers?							
totally	quite a lot	some	not much	not at all			
11.7	47.2	30.1	9.2	1.7	2.4	0.9	521
29. How many evenings a week do you usually spend at home?							
all	5-6	3-4	1-2	none			
7.7	20.5	39.5	26.1	6.3	3.0	1.0	522

Ratings						M	sd	N
1	2	3	4	5	6			
30. Have you ever forged someone else's signature in order to get some kind of benefit, for example written a certificate of illness or something similar?								
never	once	2 - 3 times	4 - 10 times	more than 10 times				
86.9	7.1	3.8	1.9	0.2		1.2	0.6	520
31. How much would you like to change yourself?								
not at all	not much	some	fairly much	very much				
12.9	27.5	42.7	11.0	6.0		2.7	1.0	520
32. How often do you think about sexual issues?								
seldom	it's happened a few times	some-times	fairly often	very often				
22.0	28.4	36.4	12.3	1.0		2.4	1.0	522
33. Have you on purpose taken things or money that you knew belonged to someone else?								
never	once	2 - 3 times	4 - 10 times	more than 10 times				
48.6	21.7	20.9	5.8	3.1		1.9	1.1	521
34. If so, from whom and what?								
never taken anything	from mother	from father	from brothers or sisters	from peer	from somebody else			
49.2	32.9	4.6	5.6	2.4	5.2			498

Ratings						M	sd	N
1	2	3	4	5	6			
35. How often have you had a “nervous” stomach during this school year (for example stomach ache, stomach cramp, anxious stomach, feeling sick, wind, constipation or diarrhea)?								
never	about once / semester	about once / month	about once / week	several times / week				
17.1	33.1	32.0	12.1	5.6		2.6	1.1	519
36. Do you feel like an outsider when you are together with your peers?								
seldom	it's happened a few times	sometimes	fairly often	very often				
46.9	28.7	17.5	4.4	2.5		1.9	1.0	520
37. How often do you think you are no use at all?								
almost never	it's happened a few times	sometimes	fairly often	very often				
25.3	34.2	29.0	9.2	2.3		2.3	1.0	521
38. How often do you feel disappointed in your mother?								
almost never	it's happened a few times	sometimes	fairly often	very often				
45.9	24.3	21.6	7.3	1.0		1.9	1.0	510
39. Have you gotten your first period?								
yes	no							
94.2	5.8							520
40. When did you get your first period?								
before 10 years of age	between 10-11 years of age	between 11-12 years of age	between 12-13 years of age	after the age of 13	have not gotten one yet			
1.0	8.8	23.1	41.2	20.2	5.8	3.9	1.0	520

Ratings						M	sd	N
1	2	3	4	5	6			
41. How much pain do you have in connection with your periods?								
no pain at all	not much pain	some pain	fairly much pain	very much pain	have not gotten my first period yet			
13.1	30.1	21.1	19.8	10.0	6.0	2.8 ^a	1.2 ^a	521
42. Do you fantasize and daydream?								
seldom	it's happened a few times	some-times	fairly often	very often				
11.2	15.6	32.7	25.8	14.8		3.2	1.2	520
43. How often do you feel angry or irritated with your father?								
seldom	it's happened a few times	some-times	fairly often	very often				
29.6	28.8	26.0	11.7	4.0		2.3	1.1	497
44. Do you think your teachers are fair to you?								
all or almost all	most of them	some of them	hardly anyone	none				
27.2	47.0	21.2	3.9	0.8		2.0	0.8	519
45. Have you ever felt as if you didn't want to go on living?								
never	it's happened a few times	some-times	fairly often	very often				
31.7	40.5	17.3	7.9	2.7		2.1	1.0	521

Note: ^a Girls who had not gotten their first period yet were excluded from the computation.

Ratings					M	sd	N
1	2	3	4	5			
46. How much do you want your parents to make decisions for you, for example concerning clothes, make-up, leisure activities, choice of friends, summer- and occupational plans and so on?							
very little	not much	some	fairly much	very much			
33.5	30.2	31.2	4.8	0.4	2.1	0.9	520
47. Do you sometimes think that boys are better off than girls?							
never or almost never	it's happened a few times	sometimes	fairly often	very often			
41.0	22.9	25.6	7.3	3.1	2.1	1.1	519
48. Have you been away from school without permission during this school-year (played truant)?							
never	once	2 - 3 times	4 - 10 times	more than 10 times			
54.2	16.2	19.2	7.5	2.9	1.9	1.1	520
49. How well do you think that you and your mother understand each other?							
very well	fairly well	neither well nor badly	fairly badly	very badly			
36.4	39.3	16.5	6.0	1.8	2.0	1.0	514
50. How often during this school-year have you had difficulties falling asleep?							
never	about 1 evening / semester	about 1 evening / month	about 1 evening / week	several evenings / week			
15.0	17.7	35.6	20.6	11.2	3.0	1.2	520
51. Have you smoked hashish?							
never	once	2 - 3 times	4 - 10 times	more than 10 times			
94.8	3.3	1.3	0.4	0.2	1.1	0.4	520

Ratings					M	sd	N
1	2	3	4	5			
52. Do you have or have you ever had a best friend?							
both have had before and have now	have now, but have not had before	have had before, but do not have now	have never had, but want to have	have never had and do not want to have			
80.6	5.2	11.9	1.3	1.0			520
53. Do you think sex seems frightening and unpleasant?							
not at all	only a little	some	fairly much	very much			
62.5	24.6	10.6	1.7	0.6	1.5	0.8	517
54. Are you satisfied with your looks?							
most often	fairly often	sometimes	it's happened a few times	almost never			
14.6	24.2	38.8	14.0	8.4	2.8	1.1	521
55. Do you wish your mother were different?							
never or almost never	it's happened a few times	fairly often	very often				
43.8	42.0	9.8	4.5		1.8	0.8	512
56. Do you have problems with allergy (for example asthma, hay-fever, eczema, etc.)?							
never	it's happened a few times	sometimes	fairly often	very often			
65.0	18.3	8.3	5.6	2.9	1.6	1.0	520
57. Do you think your parents are disappointed in you?							
seldom	it's happened a few times	sometimes	fairly often	very often			
45.7	30.8	17.6	3.1	2.7	1.9	1.0	516

Ratings					M	sd	N
1	2	3	4	5			
58. Do you feel tense and anxious together with new people?							
seldom	it's happened a few times	sometimes	fairly often	very often			
20.5	29.2	29.0	16.2	5.2	2.6	1.1	518
59. Do you usually get tired of your peers quickly?							
seldom	it's happened a few times	sometimes	fairly often	very often			
48.6	33.9	13.9	2.7	1.0	1.7	0.9	519
60. Do you usually have snacks between meals?							
seldom	it's happened a few times	sometimes	fairly often	very often			
6.2	16.8	29.3	30.8	17.0	3.4	1.1	519
61. Have you used other drugs than hashish?							
never	once	2 - 3 times	4 - 10 times	more than 10 times			
96.3	1.5	0.8	0.6	0.8	1.1	0.5	519
62. In what way?							
never done	sniffed	eaten	with syringe	smoked			
94.9	2.9	1.0	0.2	1.0			511
63. Are you usually afraid of saying things that can hurt people?							
never or almost never	it's happened a few times	sometimes	fairly often	very often			
16.0	35.8	32.4	11.2	4.6	2.5	1.0	519

Ratings					M	sd	N
1	2	3	4	5			
64. Do you think that your peers are unfair to you?							
seldom	it's happened a few times	sometimes	fairly often	very often			
42.3	35.1	18.9	2.5	1.2	1.9	0.9	518
65. How important is it for you to do well at school?							
very important	fairly important	some	not especially important	not at all important			
17.8	49.1	19.3	10.8	2.9	2.3	1.0	517
66. Do you have or have you ever had a steady relation to a boy?							
have now, and have had before	have now but have not had before	have had but do not have now	have never had but want to have	have never had and do not want to have			
19.7	5.2	40.4	31.5	3.1			517
67. Do you feel tired, lazy and irritable?							
seldom	it's happened a few times	sometimes	fairly often	very often			
15.6	35.7	35.5	10.8	2.3	2.5	1.0	518
68. Have you deliberately destroyed or helped to destroy things not belonging to you (windows, cars, telephone booths, benches, gardens, etc.)?							
never	once	2 - 3 times	4 - 10 times	more than 10 times			
78.8	12.1	6.2	2.5	0.4	1.3	0.7	519

Ratings					M	sd	N
1	2	3	4	5			
69. Have you destroyed things yourself or have you only participated in destroying things?							
neither of them	only participated	did it myself	both of them				
72.7	19.4	3.7	4.3				516
70. How often do you feel that your parents are the persons that you care for most of all right now?							
very often	fairly often	sometimes	it's happened a few times	seldom			
9.8	23.5	36.0	18.4	12.3	3.0	1.1	511
71. Do you blame yourself for things you know you really cannot help?							
never or almost never	it's happened a few times	sometimes	fairly often	very often			
30.5	33.3	28.7	6.3	1.1	2.1	1.0	522
72. Do you think your teachers like you?							
all or almost all	most of them	some of them	hardly anyone	none			
7.3	30.3	53.9	7.7	0.8	2.6	0.8	518
73. How often has it happened during this school-year that you have slept anxiously and woken up during the night?							
never	about 1 night / semester	about 1 night / month	about 1 night / week	several nights / week			
22.4	32.9	32.9	8.3	3.5	2.4	1.0	519

Ratings					M	sd	N
1	2	3	4	5			
74. Is it usually difficult for you to make friends?							
seldom	it's happened a few times	sometimes	fairly often	very often			
47.8	23.2	20.9	6.7	1.3	1.9	1.0	521
75. How well do you think that you and your father understand each other?							
very well	fairly well	neither well nor badly	fairly badly	very badly			
22.7	38.4	23.9	9.6	5.4	2.4	1.1	498
76. Are you satisfied with the way you typically act?							
most often	fairly often	sometimes	it's happened a few times	almost never			
17.0	27.8	39.3	11.9	4.0	2.6	1.0	522
77. Do you worry about what will happen to you in the future?							
never or almost never	it's happened a few times	sometimes	fairly often	very often			
15.5	26.4	33.9	16.5	7.7	2.7	1.1	522
78. Do you ever think that you'd rather be a boy?							
never or almost never	it's happened a few times	sometimes	fairly often	very often			
69.3	17.0	9.6	2.9	1.1	1.5	0.9	522
79. Do you and your mother quarrel with each other?							
almost never	it's happened a few times	sometimes	fairly often	very often			
35.7	24.4	23.4	11.9	4.7	2.3	1.2	513

Ratings					M	sd	N
1	2	3	4	5			
80. Is it important for you that your peers agree to do things that you have suggested?							
not important at all	not so important	fairly important	important	very important			
17.2	56.4	23.9	2.1	0.4	2.1	0.7	518
81. Do you think that your teachers understand you?							
all or almost all	most of them	some of them	only someone	none			
8.9	33.9	42.0	12.5	2.7	2.7	0.9	519
82. Do you often do the opposite of what your parents want?							
seldom	it's happened a few times	sometimes	fairly often	very often			
28.2	35.1	28.2	6.5	2.1	2.2	1.0	522
83. How often are you displeased with your peers?							
seldom	it's happened a few times	sometimes	fairly often	very often			
17.3	43.4	30.7	7.3	1.3	2.3	0.9	521
84. Have you had sexual intercourse?							
no	once	a number of times					
78.1	7.3	14.6			1.4	0.7	520
85. If you have had sexual intercourse, have you ever slept with someone the first time you met him?							
no	yes, once	yes, a number of times	have not had sexual intercourse				
17.8	4.1	1.8	76.4				512

Ratings					M	sd	N
1	2	3	4	5			
86. Is it difficult for you to concentrate?							
seldom	it's happened a few times	sometimes	fairly often	very often			
12.1	32.6	38.7	13.0	3.6	2.6	1.0	522
87. How often do you feel angry or irritated with your mother?							
seldom	it's happened a few times	sometimes	fairly often	very often			
29.6	27.7	29.6	10.5	2.5	2.3	1.1	513
88. Do you ever wish you were someone else than you are?							
seldom	it's happened a few times	sometimes	fairly often	very often			
52.8	22.3	17.5	6.1	1.3	1.8	1.0	521
89. Do you feel lonely?							
seldom	it's happened a few times	sometimes	fairly often	very often			
37.6	28.0	23.8	7.7	2.9	2.1	1.1	521
90. How much would you as adult like to be similar to your father?							
very much	fairly much	somewhat	very little	not at all			
4.6	12.5	31.6	27.2	24.1	3.5	1.1	497
91. Are you afraid that you will go further sexually than you really want to?							
never or almost never	it's happened a few times	sometimes	fairly often	very often			
54.0	21.5	19.0	4.0	1.3	1.8	1.0	520

Ratings					M	sd	N
1	2	3	4	5			
92. Have you avoided paying (e.g. at a cinema, café, train, bus or elsewhere)?							
never	once	2 - 3 times	4 - 10 times	more than 10 times			
86.9	8.3	3.8	0.8	0.2	1.2	0.5	521
93. Do you and your father quarrel with each other?							
almost never	it's happened a few times	sometimes	fairly often	very often			
53.4	20.0	16.8	7.3	2.4	1.9	1.1	494
94. Do you usually suck your thumb or other fingers?							
never	it's happened a few times	sometimes	fairly often	very often			
82.7	13.6	3.1	0.4	0.2	1.2	0.5	521
95. Do you think your peers like you?							
much	fairly much	some	not much	not at all			
3.1	30.6	58.4	7.7	0.2	2.7	0.7	519
96. Do you usually talk back to your teachers?							
seldom	it's happened a few times	sometimes	fairly often	very often			
35.4	31.2	24.4	7.7	1.3	2.1	1.0	520
97. Do you worry about getting dangerous diseases?							
never or almost never	it's happened a few times	sometimes	fairly often	very often			
35.6	26.8	25.0	9.4	3.1	2.2	1.1	519

Ratings					M	sd	N
1	2	3	4	5			
98. How often do you quarrel with your peers?							
seldom	it's happened a few times	sometimes	fairly often	very often			
29.9	42.4	22.0	5.2	0.6	2.0	0.9	519
99. Do you feel sexually less experienced than your peers?							
never	it's happened a few times	sometimes	fairly often	very often			
52.9	29.0	13.3	3.5	1.3	1.7	0.9	520
100. With whom do you prefer to spend your leisure time?							
parents	brothers and sisters	friends	nobody	other, who?			
6.9	4.2	73.9	1.6	13.3			495
101. Do you ever feel ashamed of yourself?							
seldom	it's happened a few times	sometimes	fairly often	very often			
29.8	36.7	28.7	4.0	0.8	2.1	0.9	520
102. Have you ever run away from home?							
never	once	2-3 times	more than 10 times				
91.7	5.8	2.3	0.2		1.1	0.4	520
103. How often do you stammer when you talk?							
never	it's happened a few times	sometimes	fairly often	very often			
58.0	32.6	6.3	2.3	0.8	1.6	0.8	521

Ratings					M	sd	N
1	2	3	4	5			
104. Do you think that your peers are “against” you?							
never or almost never	it’s happened a few times	sometimes	fairly often	very often			
44.0	36.1	15.9	3.5	0.6	1.8	0.9	521
105. Do you look forward to having and bringing up children?							
very much	fairly much	some	only a little	not at all			
23.4	23.0	23.8	20.2	9.6	2.7	1.3	521
106. Have you hit somebody?							
never or almost never	it’s happened a few times	sometimes	fairly often	very often			
41.7	32.5	19.2	5.6	1.0	1.9	1.0	520
107. Do you weigh too much according to your school nurse, your school doctor, or another doctor’s opinion?							
no	yes, a little too much	yes, somewhat too much	yes, much too much				
83.9	10.1	4.5	1.6		1.2	0.6	515
108. How often do you feel disappointed in your father?							
seldom	it’s happened a few times	sometimes	fairly often	very often			
54.3	24.5	12.5	6.0	2.6	1.8	1.0	497

Ratings					M	sd	N
1	2	3	4	5			
109. Have you ever taken part in teasing and tormenting small children or old people?							
never	once	2 - 3 times	4 - 10 times	more than 10 times			
81.9	10.2	6.2	1.2	0.6	1.3	0.7	518
110. Do you feel that you are popular among boys?							
very much	fairly much	some	very little	not at all			
1.7	16.9	46.7	23.3	11.3	3.3	0.9	520
111. Do you think that your teachers are against you in particular?							
none	hardly anyone	some of them	most of them	all or almost all			
35.9	44.9	15.0	2.9	1.3	1.9	0.9	521
112. Are you afraid that your peers will get tired of you?							
seldom	it's happened a few times	sometimes	fairly often	very often			
37.2	36.1	21.3	4.2	1.2	2.0	0.9	521
113. Do you feel criticized by your parents?							
almost never	it's happened a few times	sometimes	fairly often	very often			
53.7	26.5	15.2	2.9	1.7	1.7	0.9	521
114. Do you think their criticism is							
I don't feel criticized	fair	unfair	sometimes fair, sometimes unfair				
36.7	14.0	9.5	39.8				515

Ratings					M	sd	N
1	2	3	4	5			
115. Have you ever done something you would really have preferred not to do only to be together with your peers?							
seldom	it's happened a few times	sometimes	fairly often	very often			
52.6	35.1	10.4	1.7	0.2	1.6	0.8	521
116. Do you usually wander about town in the evening, hang out on street corners or in the square?							
never	about 1 evening / month	about 1 evening / week	a number of evenings / week	every evening			
69.6	19.6	7.3	2.9	0.6	1.5	0.8	520
117. How often is what your parents think the thing that you care about most of all?							
very often	fairly often	sometimes	it's happened a few times	seldom			
4.7	19.4	40.9	23.4	11.6	3.2	1.0	509
118. Do you ever feel angry but not show it?							
seldom	it's happened a few times	sometimes	fairly often	very often			
8.3	33.0	43.2	13.6	1.9	2.7	0.9	521
119. Do you feel sexually more experienced than others of your age?							
never	it's happened a few times	sometimes	fairly often	very often			
60.8	22.3	12.1	2.1	2.7	1.6	1.0	520
120. How often do you think that it is really wonderful to be alive?							
very often	fairly often	sometimes	it's happened a few times	seldom			
17.9	40.6	30.4	8.5	2.7	2.4	1.0	520

Ratings					M	sd	N
1	2	3	4	5			
121. Would you like to be younger than you are?							
seldom	it's happened a few times	sometimes	fairly often	very often			
86.7	6.5	5.4	1.2	0.2	1.2	0.6	520
122. Do you ever want to talk to an outsider about your problems?							
never or almost never	it's happened a few times	sometimes	fairly often	very often			
43.0	25.1	21.3	8.4	2.1	2.0	1.1	521

Questions about living conditions: Frequencies among girls in grade 8, in Örebro, 1970. Data are taken from the IDA-program.

Ratings							N
1	2	3	4	5	6	7	
1. Which adult(s) do you live with?							
both mother and father	father and step-mother	mother and step-father	mother	father	foster parents	another who?	
83.3	0.8	3.1	10.4	1.2	0.6	0.6	491
2. How many sisters do you have?							
none	1	2	3	4 or more than 4			
39.1	36.2	16.2	3.5	5.1			489
3. How many brothers do you have?							
none	1	2	3	4 or more than 4			
40.1	39.9	13.1	5.3	1.6			489
4. Are your parents divorced?							
Yes	No						
13.1	86.9						488
5. If your parents are divorced, how often do you see the parent you are not living with?							
about once / week	about once / two weeks	about once / month	about once / semester	less than once / semester	are not divorced		
1.3	1.5	3.4	3.0	4.3	86.5		466
6. Do you have your own room?							
No	Yes						
29.7	70.3						491

Questions about the questions: Frequencies among girls in grade 8, in Örebro, 1970. Data are taken from the IDA-program.

Ratings					N
1	2	3	4	5	
1. How difficult do you think the questions were to answer?					
impossible	quite difficult	fairly difficult	fairly easy	very easy	
0	7.0	21.8	56.9	14.4	473
2. Why was it difficult to answer the questions?					
it was not difficult to answer the questions	it was difficult to understand them	dealt with too "personal" things	dealt with things you have not thought about	because you do not like to answer such questions	
37.5	9.7	13.3	36.8	2.8	435
3. What did it feel like to answer the questions?					
I felt nothing special	I felt uneasy	it was nice	it was boring	it was unpleasant	
71.3	2.3	19.8	3.0	3.6	470
4. How many questions do you think were difficult to answer honestly?					
all	almost all	some	one or a few	none at all	
2.5	3.2	17.1	37.8	39.3	473