

Practical information – May 19-20 in Örebro, Sweden

How to get to Örebro from Stockholm Arlanda airport

If you arrive at Arlanda airport you can go by long-distance bus or train to Örebro. The travel time is approximately 2 hours by train and 2 hours 40 minutes by long-distance bus.

Long-distance bus

Vy Bus4You & Vy express offers direct connections from Stockholm Arlanda to Örebro Central station. The bus has free WiFi and most of the buses have electrical outlets.

Link to Vy Bus4You & Vy express: <https://www.vybuss.com/>

Train

From Arlanda Airport (Station: Arlanda C) you can find a couple of direct connections per day to Örebro (Station: Örebro C). Apart from that there are several direct connections from Stockholm Central Station to Örebro. Link to the train company: <https://www.sj.se/en>

The fastest connection between Arlanda Airport to Stockholm Central Station is Arlanda express (18 minutes): <https://www.arlandaexpress.com/>. You can also take the airport bus (45 minutes): <https://www.flygbussarna.se/en>

Taxi in Örebro

If you need a taxi during your stay in Örebro, we recommend the following company:
Sverigetaxi – +46 (0)19 12 43 00.

The taxis are white and have a “Sverige taxi” sign on the roof.

The **apps by Uber and Bolt** are commonly used in Sweden as well and are usually less expensive than ordinary taxi companies.

Bus to campus in Örebro

If you need to travel by bus within Örebro, you can take bus number **1** or **2** to *Universitetet*, or bus number **6** to *Brickebacken*. For more information, please see the headline **Getting from campus to town centre** [at this link](#)



You can download the app in the Appstore or in the Google play shop,
Länstrafiken Örebro

[Interactive map of campus Örebro \(MazeMap\)](#)

19 MAY – Campus USÖ

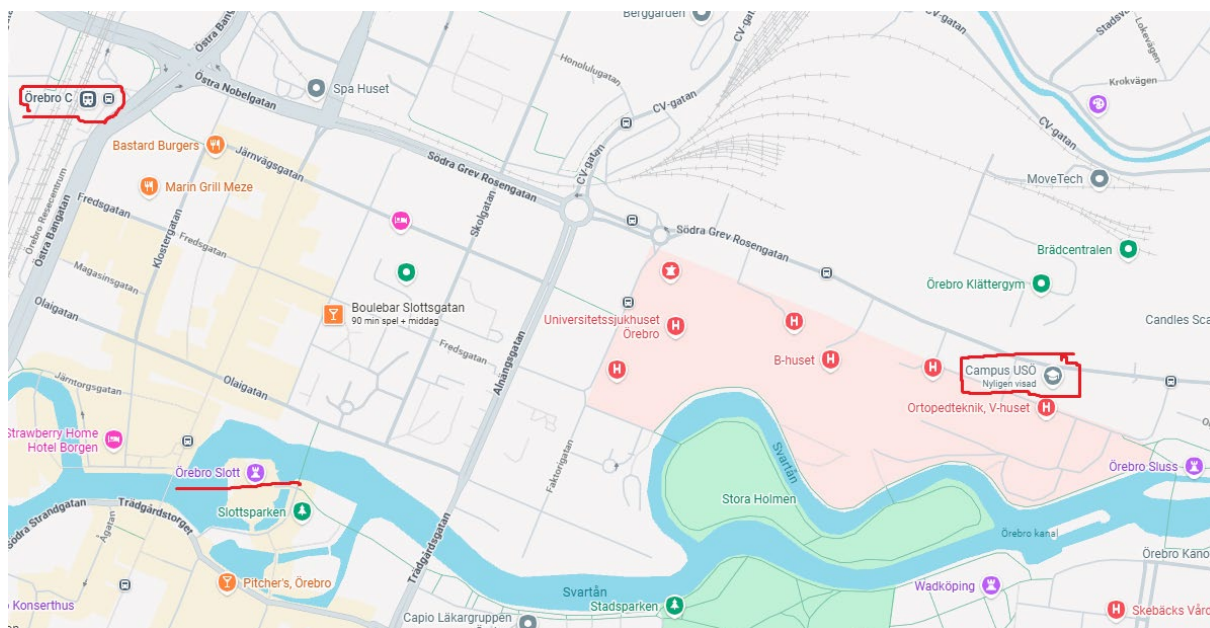
How to get to Campus USÖ - 19 May

Campus USÖ ([Södra Grevrosengatan 30](#)) is within a short walking distance of approximately **20-25** from most hotels and from the railway station.

The building has **two entrances**. If you enter from the **University Hospital**, you will proceed along the **first floor** until you reach the end of the building. If you enter from **Örebro Sluss**, you will find the stairs to the second floor immediately inside the entrance.

Registration will take place on the second floor. Directional signs will be posted, and members of the **NEOLAIa Office** will be present at both entrances to assist you.

Map showing Campus USÖ



Interactive map of campus USÖ (MazeMap)

ORU-public is an open wireless network for visitors and guests and is available at all three campuses.

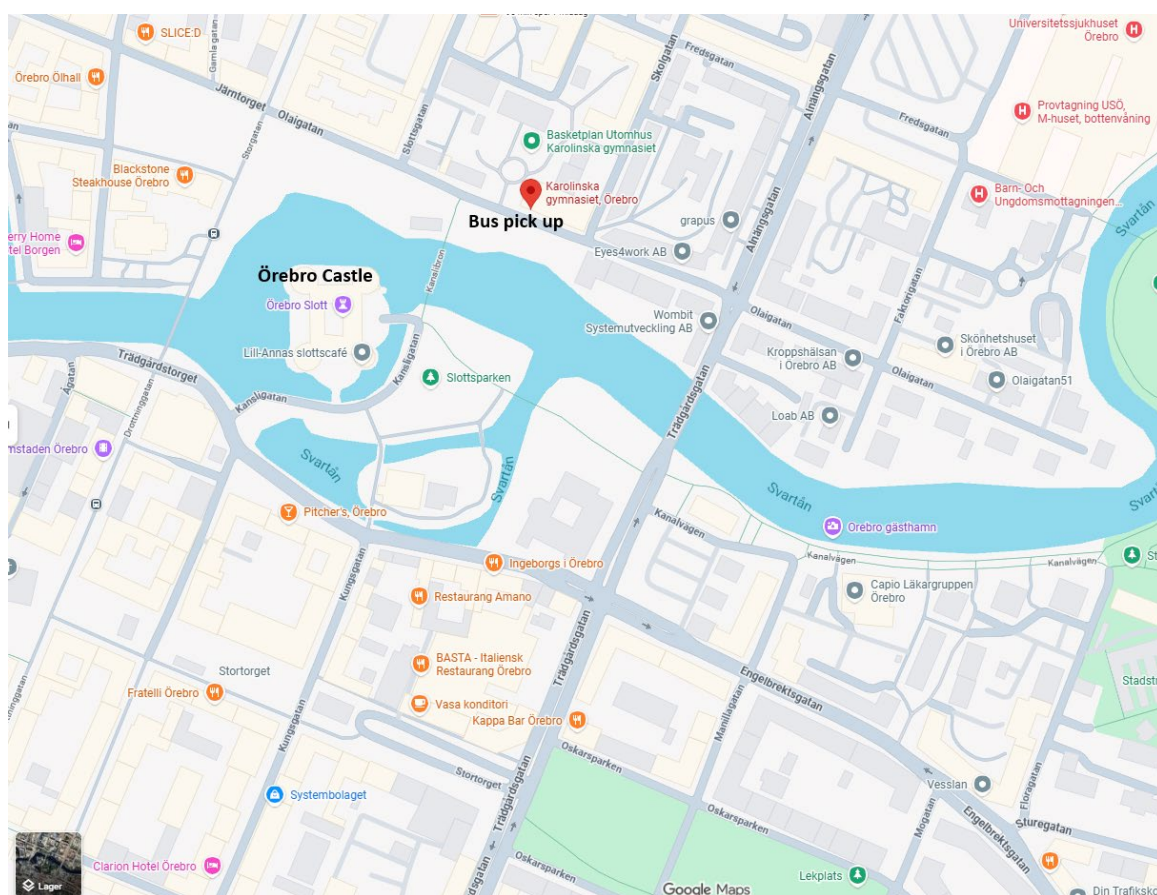
For more information about our campuses and general information about Örebro we advise you to visit the [NEOLAIa's conference page](#)

20 MAY – Campus Örebro

Bus transfer from the city centre to Campus Örebro on May 20th.

On 20 May, a bus will be taking you directly to the School of Music at Örebro University. The bus will depart at 08.00 opposite Karolinska gymnasiet, at the address [Olaigatan 25](#). Please see the pick-up point at google maps below.

Map showing the pick up point for the buses



Contact information (in case you are lost or need any extra help)

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Ida: +46 (0)73 641 13 15

Pia: +46 (0)70 618 83 34

Maria: +46 (0) 70 259 99 50

Bus to and from Campus Grythyttan

The bus will depart from Campus Almby 13:30 sharp, outside Långhuset (between the large parking areas). It will drop us off by the church in Grythyttan.

At 20.30, the bus will depart from the **Nordic House of Culinary Arts** (Måttidens hus) and return to Örebro city c, stopping at [Olaigatan 25](#), opposite Karolinska skolan where we boarded the bus in the morning. Please note that the bus will not return to Örebro University.

Restaurant recommendations

You will find many restaurants around [Stortorget](#), located in the city centre of Örebro, as well as several other centrally located restaurants. Below, we have listed a selection of restaurants that may be suitable for an **informal dinner on the day of your arrival**.

Italian/Italian inspired restaurants

[Fratelli](#), Stortorget 8

[Basta](#), Trädgårdsgränd 5D

[L'Amice Örebro](#), Storgatan 23

[Sorella](#), Stortorget 11

Swedish restaurants

[Lilla Örebro](#), Köpmangatan 10

Swedish neighbourhood pub

Dannes, [Klostergatan 7-9](#), *(This is one of Ida's favorite places. Please send her regards, and you are sure to receive excellent service)*

International Food with flavors from all over the world

[Mojo Örebro](#), Stortorget 12

Burgers

[Bastard Burgers](#), Järnvägsgatan 8 (closes at 21:00)

Pizza

[Slice:d](#), Olaigatan 11

[Fatcuz](#), Klostergatan 11-13