1 Course content

This course offers an introduction to various measures of the human mind that are commonly used in lab experiments in psychology and other behavioral sciences. The focus will be on behavioral measures as well as on measures of body and brain responses.

At a theoretical level, the students will explore the background of these measures and underlying mental processes, as well as how they can be used to address applied research questions. At a practical level, the students will gain experience with using these measures in a controlled lab environment and with analyzing the resulting quantitative data.

More specifically, the course includes three blocks:
1. Behavioral measures (e.g., response times, accuracy, and ratings).
2. Measures of peripheral nervous system (e.g., heart rate, skin conductance, and eye tracking).
3. Measures of central nervous system (e.g., EEG/ERPs, fMRI, and fNIRS).

2 Outcomes

2.1 The course in relation to the doctoral programme

The course shall primarily refer to the following intended learning outcomes for third-cycle courses and study programmes as described in the Higher Education Ordinance, i.e. the doctoral student shall demonstrate:

Knowledge and understanding
- broad knowledge and systematic understanding of the research field (part of outcome 1)
- familiarity with research methodology in general (part of outcome 2)
Competence and skills
- the ability to plan and use appropriate methods to undertake research and other qualified tasks within predetermined time frames (part of outcome 4)
- the ability to review and evaluate research and other qualified tasks (part of outcome 4)

Judgement and approach
- the ability to make assessments of research ethics (part of outcome 9)
- specialised insight into the possibilities and limitations of research, its role in society and the responsibility of the individual for how it is used (outcome 10)

The intended learning outcomes are listed in the same order as in the general syllabus for the programme.

2.2 Intended course learning outcomes

To obtain a passing grade, the doctoral student shall demonstrate:

After the end of the course, the student shall be able to:

Knowledge and understanding
- Explain how measures covered by course work
- Exemplify how these measures can be applied in various areas of psychology or other behavioural science
- Describe how these measures are practically implemented
- Explain general principles for data analysis

Skills and abilities
After the end of the course, the student shall be able to:
- Adequately apply acquired theoretical and practical knowledge about measures covered by the course to their own research questions.

Analysis and evaluation
After the end of the course the student shall have advanced ability to:
- Evaluate and compare different measures covered by the course, taking into account the different types of information that they provide, and their possibilities and limitations.

3 Reading list and other teaching material

The following course readings and teaching material will be used on the course:

Block 1: Behavioral measures

Key words: Response time, accuracy, signal detection theory, attention, emotion, automaticity, explicit vs. implicit measures.


Reference literature


Block 2: Measures of peripheral nervous system

Key words: Autonomic, electrodermal, electromyography


Reference literature:


Block 3: Measures of central nervous system

Key words: ERPs, EEG, fMRI, resting-state, default-mode network, PET, fNIRS, meditation


Reference literature:


4 Teaching formats

Teaching on the course takes the following format:

Each of the three blocks includes (1) an interactive seminar with assigned readings that aims at facilitating students’ theoretical and practical understanding of the different measures, and (2) a lab practicum that aims at providing hands-on experience that will reinforce and supplement the knowledge taught during the preceding seminar.

| Seminar 1 | Theory and Measures of behavior |
| Lab practicum 1 | Measures of behavior |
| Seminar 2 | Theory and Measures of the peripheral nervous system |
| Lab practicum 2 | Measures of the peripheral nervous system |
| Seminar 3 | Theory and Measures of the central nervous system |
| Lab practicum 3 | Measures of the central nervous system |
| Final seminar | Oral presentations of students’ study proposals |

Throughout the course, students are expected to integrate the course content with their own research area in applied psychology or other behavioral science.

Before each seminar, students are expected to read the assigned scientific papers, focusing on understanding the measurements used with the help of the reference literature.

The papers will be discussed at the seminars. Time at the seminars will also be spent on discussing how the measures can be used to address the students’ own research questions.

5 Examination

The course is assessed through an examination consisting of the components listed below. The individual components are not graded separately but together they provide the basis for assessment and grading.

- A written research proposal on how to apply the measures to their own research question (including design ethics), submitted at the end of the course.

- An oral presentation and defence of the research proposal at the last seminar.

All seminars and lab practicum are mandatory. If more than one class is missed, the student is asked to write a summary of the readings for that meeting, including reflections (10-20 pages, Times New Roman, 12, double space).
6 Grades

Examinations on third-cycle courses and study programmes are to be assessed according to a two-grade scale with either of the grades ‘fail’ or ‘pass’ (local regulations).

The grade shall be determined by a teacher specifically nominated by the higher education institution (the examiner) (Higher Education Ordinance).

To obtain a passing grade on examinations included in the course, the doctoral student is required to demonstrate that he/she attains the intended course learning outcomes as described in section 2.2. Alternatively, if the course consists of multiple examinations generating credit, the doctoral student is required to demonstrate that he/she attains the outcomes that the examination in question refers to in accordance with section 5.

A student who has failed an examination is entitled to a retake.

If an examination consists of several examination components, and a student fails an examination component, the examiner may, as an alternative to a retake, set a make-up assignment with regard to the examination component in question.

A doctoral student who has failed an examination twice for a specific course or course element is entitled, upon his/her request, to have another examiner appointed to determine the grade.

7 Admission to the course

7.1 Admission requirements

To gain access to the course and complete the examinations included in the course, the applicant must be admitted to a doctoral programme at Örebro University.

7.2 Selection

Selection between applicants who have been admitted to doctoral programmes at Örebro University and who otherwise meet the admission requirements as listed above is made according to the following order of precedence:

If no other selection criteria are specified in this section, priority shall be given to applicants with a lower number of course credits left before the award of their degree over applicants with a higher number of remaining course credits. Should two or more students have equal number of credits, selection will be done through the drawing of lots. This also applies within any selection groups listed unless otherwise stated.

7.3 Other applicants than doctoral students admitted at Örebro University

Other applicants than doctoral students admitted at Örebro University may be given access to the course on the grounds of provisions for and/or agreements regarding contracted courses, joint degrees, national graduate schools or cooperation in other respects with other universities.

Any decisions on what such other applicants may be given access to the course are made separately and on the basis of the provisions and/or agreements that occasion the student to apply for the course.

For participation in the course in other respects, the same provisions shall apply as for doctoral students admitted to Örebro University.
8 Transfer of credits for courses, study programmes and other experience

Provisions on the transfer of credits can be found in the Higher Education Ordinance and on the university’s webpage.

9 Other information

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Transitional provisions

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